

# Sonic News

SEPTEMBER / OCTOBER 2011



**Welcome Back!**

Thank you to parents, students and staff of Smith for a great start to the school year. Smith is a wonderful school thanks your efforts. We look forward to working with you throughout the year, and as always call or stop by with any questions or concerns.

## New Faces At Smith

We have many new faces at Smith this year that we would like to introduce you to!



**Kelsi Boas- LRC**

I am so excited to officially be a part of the Smith team. I currently live in Columbus and I have two cats. When I am not at school, I love singing, playing, and listening to all types of music. I hope everyone has a great school year. I look forward to getting to know the students and their families even better.



**Erica Coy- Third Grade**

My name is Erica Coy and I am a new third grade teacher here at L.F. Smith Elementary! I am originally from Plainfield, Indiana and attended the University of Southern Indiana in Evansville. I graduated, got my first teaching job, and got married in the Bahamas all in the same week! After teaching second grade for two years, my husband and I moved to his hometown of Columbus. I started substitute teaching in BCSC before taking a position teaching fourth grade at Rockcreek. This year, the changes kept coming as I moved to be here at Smith and my husband and I began building our new home! We are enjoying all the craziness of life and spoiling our rotten black lab!



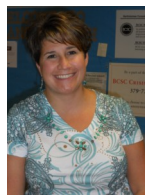
**Regina Egloff- Kindergarten**

My husband and I have two dogs and love to camp every chance we get. As an IU alumni, I enjoy watching IU football and basketball. GO HOOSIERS. I'm thrilled to be a part of the Smith family! I'm looking forward to making many memories with students, parents, and teachers!



**Chelsea Layman- Kindergarten**

My name is Chelsea Layman and I am a new kindergarten teacher here at L.F. Smith Elementary! I graduated from Indiana State University in Terre Haute and immediately began substitute teaching in BCSC. After graduating from college I moved from North Vernon to Columbus so I could be part of the community that I wanted to teach in. As if graduating, moving, and substituting in a new community wasn't enough I also bought my first home, got married to my junior-high sweetheart in Jamaica, and adopted a dog!! After that hectic year I had a blast teaching 2<sup>nd</sup> grade in Hope. Then, I heard Smith had openings for teachers and I couldn't wait to get back to the school I loved! Now, here I am continuing to have a blast, teaching kindergarten, and enjoying my life to



**Carmella Musillami- First/Second Grade**

I'm Carmella Musillami. I am married to Mr. Musillami and we have two daughters (ages 8 and 6). Before coming to Smith, I taught 1st and 2nd grades at Rockcreek. Last year I was the Title I teacher. Away from school, I enjoy reading magazines, dancing, and swimming with the family. At home I love trying new recipes, even though I don't like the mess it makes!



For information in Spanish, please contact  
Ana Alonso-Hantke at 812-343-8465  
\*Para información en español, por favor comuníquese  
con Ana Alonso Hantke al 812-343-8465



Never give up, Encourage others, Do your best!

# News From Pupil Services Office

Leanne Loutner, Smith Pupil Services

It's great to be back at school! We're well into the 2011-2012 school year!

**Classroom Guidance** –At the beginning of the year, Pupil Services will be in **Kindergarten, Grade 1 and Grade 6** one time a week for conflict resolution lessons until the week of November 14<sup>th</sup>

**Grade 2 and Grade 5** – Guidance Lessons 1 time a week between the weeks of Nov. 14 and Feb. 13

**Grade 3 and Grade 4** – Guidance Lessons 1 time a week between the weeks of Feb. 20 and April 30<sup>th</sup>

*-Please feel free to call me at 376-4317 ext. 1112 if you would like to find out more about the curriculum or have any questions I can help with.*

**We will be celebrating National Red Ribbon Week on Oct. 26<sup>th</sup> to Oct. 31<sup>st</sup>**

During this time, students will be participating in the following activities:

**Wed. Oct. 26<sup>th</sup>:** Red Ribbon Day and “Show School Spirit Day”!- Students will be given the opportunity to sign a pledge, which will be displayed in the cafeteria and may wear school colors to show their school spirit.

**Thursday Oct. 27<sup>th</sup>:** Be a Hero Everyday! – Stay Drug-Free – dress up like your favorite super hero!

**Friday Oct. 28<sup>th</sup>:** Red Shirt Day and Red Food Day - The cafeteria will provide food items that are red. (There will be no red-dyed food items.)

**Monday Oct. 31<sup>st</sup>** we will host **THE NED SHOW** –

Lynnwood, WA – All for Kidz®, Inc, producers of The NED Show®, America's most popular school assembly, is proud to share their character building message to school children around the globe.

Performing regularly in all 50 states, the UK, Australia, New Zealand and Canada, the company's yo-yo performers have teamed with public and private schools to share their message of “How to become a Champion in school and life” with more than 23 million students.

The basis for the 45-minute assembly is an easy to remember credo to **Never give up, Encourage others and Do your best®** or **NED®**, created by Arne Dixon, founder of All for Kidz. Dixon and his team turned the NED acronym into a character and developed a story that teaches those three traits while captivating the students with some amazing yo-yo tricks.



# Accelerated Reader News

Have you wondered if books you have at home have an Accelerated Reader quiz? Since BCSC moved to the on line version, our students have access to thousands of quizzes. Parents and students with internet access can find out if there is an AR quiz available for any book. The information is available at [www.arbookfind.com](http://www.arbookfind.com)

You do need to check carefully the author/illustrator/publisher of titles with multiple entries, such as Wolves or The Three Bears. Also, titles in a series may or may not include the series name as part of the title.

## Welcome!



Dear Smith Families,

I would like to introduce myself as the new therapist at Smith Elementary School. I am very pleased and excited to be working with the great students and staff of this school.

My name is Liz Patton. I am a Licensed Clinical Social Worker and have worked at Family Service, Inc for the past four years. I have worked with many different individuals and families to discover their strengths and to face difficult problems. I am able to work with any child at Smith regardless of insurance or ability to pay. Please feel free to contact me at any time if you would like to discuss your child's strengths and needs.

Sincerely,  
Liz Patton, LCSW  
Cell: 812-447-0066 talk or text  
School: 812-376-4317  
Email: [epatton@familyservicebc.org](mailto:epatton@familyservicebc.org)

**FREE**

**Ages  
3-5  
Early  
Childhood  
Screenings**

## FREE Early Childhood Screenings in Bartholomew County

Bring your 3-5 year old child to any of the following **FREE** screenings:

Clifty Creek Elementary School  
4625 E. 50 N  
Columbus, IN  
Thursday, Sept. 8, 2011  
4:30 - 6:30 p.m.

Taylorville Elementary School  
9711 Walnut St.  
Taylorville, IN  
October 13, 2011  
6:00 - 7:30 p.m.

Foundation for Youth (FFY)  
"First Time Through"  
405 Hope Avenue  
March 1, 2012  
6:00 - 7:30 p.m.

Bartholomew County Fairgrounds  
State Rd. 58  
Columbus, IN  
Thursday, April 26, 2012  
4:30 - 6:30 p.m.

Provided by  
BCSC Title I &  
Council for Youth  
Development.  
Questions?

Please call 375-6747.

**A PARENT/GUARDIAN MUST ACCOMPANY EACH CHILD.**



## Nurse's Notes

I am compiling current immunization information for Indiana State Board of Health Reports.

If your child has had immunizations during the summer break, please send in a copy of those given - this includes kindergarten students.

Indiana Law now (2011-2012 school year) requires all 6<sup>th</sup> grade students to have been given:

- \* 2 doses of Varicella Vaccine (chicken pox)
- \* 1 dose Tdap (given after 10<sup>th</sup> birthday)
- \* 1 dose Meningococcal conjugate Vaccine (MCV4)

**Please Recycle!**

Did you know that you can help Smith raise money by recycling your paper? Recycle your paper by dropping it off in the Abitibi recycling bin (yellow and green recycling dumpster) in the parking lot.



**You can recycle:**



*newspapers, magazines, office & school papers  
catalogs and mail*

## Up Coming Smith Events

Sept. 12– Beacon, Book Buddies & M2 First Day

Sept. 15 – Pre-K to Randy Beard Concert

Oct. 3 – PTO Meeting 6:00 pm

Oct. 4 – Pre-K to Bush's Market

Oct. 5 – Pre-K & Kdg to Touch a Truck

Oct. 7– Sonic Boot Camp

Oct. 17– PTO Skate Party

Oct. 19 – Picture Retake Day

Oct. 20 & 21– **Fall Break, NO SCHOOL**

Oct. 28 – Fall Family Fun Night

Oct. 28 – Nov. 4– Book Fair

Oct 31– The NED Show

Nov. 7– PTO Meeting 6:00 pm

Nov. 18 – Smith Movie Night



### Basketball Open Gym

Boys & Girls

Grades 1-6

4:00-5:30

Wed. Sept. 14, 21, 28

# **BCSC FOOD SERVICE SAYS...WELCOME BACK TO SCHOOL!**

Nancy Millspaugh, RD,CD-Director of Food Service

Encourage your child to eat School Lunch daily and to choose all meal items offered for an **A+** in healthy eating! BCSC Schools offer lunch and breakfast daily at all school sites. Elementary lunch prices are \$2.15 and \$2.25 for secondary schools. Reduced lunch prices are \$0.40 a day. School breakfast can be purchased for \$1.25 or \$0.30 for reduced. Free/Reduced meal applications are available at all schools or on the BCSC home page. School lunches feature locally grown fresh fruits & vegetables, whole grains, lean meats, and low fat dairy items. Students have a choice of entrée; hot vegetable, crisp salad, fresh fruit & low fat milk. A la Carte items are available for purchase in secondary schools as well.

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## **What's new?**

- BCSC Elementary schools are Competing for the **Healthier US School Challenge Gold Award** this Year! This national award is given By USDA to schools that meet strict Nutrition guidelines, promote physical activity & student wellness. Participation by students in the school lunch program helps the schools reach a higher award level so when possible, choose school lunch & help your school **"GO FOR THE GOLD!"**
- BCSC is using a new menu format this year called a **cycle menu**. A cycle menu is a menu that repeats itself. We have a 5 week August-December cycle menu, And then menu options will change for the next 5 week cycle menu running from January-May. We hope this new menu style will help you and your child choose his/her favorite meals daily to eat with us!

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To know more about us visit [www.bcsc.k12.in.us](http://www.bcsc.k12.in.us) and click on the Food Service Department section under DEPARTMENTS.

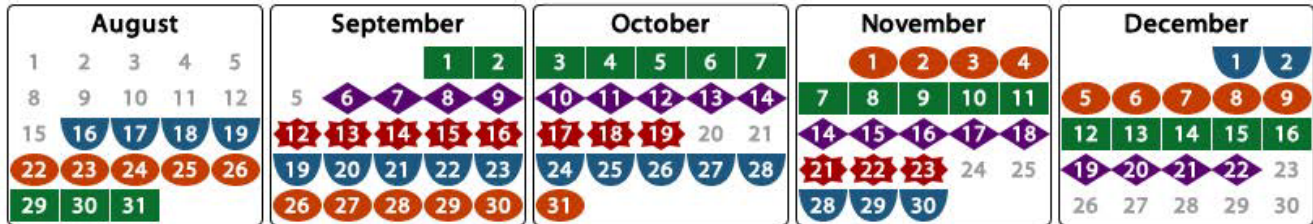
### Information Available:

- Lunch Menus
- Breakfast Menus
- Nutrition data & Nutrition Newsletters
- Online payment Link
- Free/Reduced meal eligibility forms

# 2011 Fall & Winter: Weekly Lunch Menu Rotations for BCSC Elementary Schools

**How To Read:** This is a five-cycle lunch menu. Each shape represents a different week-long menu on this calendar. The days in gray represent days with no school.

Specialty salads are available Monday, Wednesday & Friday. Box lunches are available Tuesday & Thursday. Chicken patty fillets are available everyday. All meals are served with low-fat milk. Menus are subject to change. This institution is an equal opportunity provider.



**Week 1**

**MONDAY**  
Cheeseburger on WW Bun  
or  
Burrito  
Corn on the Cob  
Seasoned Fries  
Fresh Fruit Variety  
Fresh Vegetables

**TUESDAY**  
Whole Grain Pizza  
or  
Burrito  
California Blend  
Fresh Fruit Variety  
Fresh Vegetables  
Low Fat Milk  
Ice Cream Cup

**WEDNESDAY**  
Popcorn Chicken &  
Cracked Wheat Roll  
or  
Burrito  
Seasoned Green Beans  
Garlic Mashed Potatoes  
Fresh Fruit Variety or Juice  
Fresh Vegetables

**THURSDAY**  
Whole Grain Pancakes  
& Sausage  
or  
Burrito  
Carrot Coins  
Tri Tater  
Fresh Fruit Variety  
Fresh Vegetables  
Cake

**FRIDAY**  
Taco in a Bag  
or  
Burrito  
Broccoli  
Cowboy Salsa  
Fresh Fruit Variety or Juice  
Fresh Vegetables

**Week 2**

**MONDAY**  
Mini Burgers  
or  
Bar-B-Q Rib on WW Bun  
Mixed Vegetables  
Waffle Fries  
Fresh Fruit Variety  
Fresh Vegetables  
Made-From-Scratch Cookie

**TUESDAY**  
Nacho Naturals  
or  
Bar-B-Q Rib on WW Bun  
Corn  
Refried Beans w/ Cheese  
Fresh Fruit Variety  
Fresh Vegetables

**WEDNESDAY**  
Chicken Nuggets &  
Cracked Wheat Roll  
or  
Bar-B-Q Rib on WW Bun  
Seasoned Green Beans  
Mashed Potatoes  
Fresh Fruit Variety or Juice  
Fresh Vegetables

**THURSDAY**  
Breakfast Sandwich  
on WW Bun  
or  
Bar-B-Q Rib on WW Bun  
California Blend  
Tri Tater  
Fresh Fruit Variety  
Fresh Vegetables  
Baked Apples

**FRIDAY**  
Popcorn Shrimp &  
Whole Grain Biscuit  
or  
Bar-B-Q Rib on WW Bun  
Carrots & Peas  
Macaroni & Cheese  
Fresh Fruit Variety or Juice  
Fresh Vegetables

**Week 3**

**MONDAY**  
Pulled Pork Bar-B-Q  
on WW Bun  
or  
Soft Pretzel  
& Cheese Sauce  
Mixed Vegetables  
Baked Beans  
Fresh Fruit Variety  
Fresh Vegetables

**TUESDAY**  
Chicken Tenders &  
Whole Grain Biscuit  
or  
Soft Pretzel  
& Cheese Sauce  
Winter Blend  
Scalloped Potatoes  
Fresh Fruit Variety  
Fresh Vegetables  
Pudding

**WEDNESDAY**  
Quesadilla  
or  
Soft Pretzel  
& Cheese Sauce  
Corn  
Fresh Fruit Variety or Juice  
Fresh Vegetables

**THURSDAY**  
Turkey, Noodles  
& Yeast Roll  
or  
Soft Pretzel  
& Cheese Sauce  
Seasoned Green Beans  
Mashed Potatoes  
Fresh Fruit Variety  
Fresh Vegetables  
Jell-O

**FRIDAY**  
Baked Potato, Cheese  
Sauce & Cracked Wheat Roll  
or  
Soft Pretzel  
& Cheese Sauce  
Broccoli  
Fresh Fruit Variety or Juice  
Fresh Vegetables

**Week 4**

**MONDAY**  
Breaded Mozzarella Sticks  
w/ Pizza Sauce  
or  
Whole Grain Taco Snax  
Carrot Coins  
Fresh Fruit Variety  
Fresh Vegetables

**TUESDAY**  
Orange Chicken Stir Fry,  
Rice & Cracked Wheat Roll  
or  
Whole Grain Taco Snax  
Peas  
Fresh Fruit Variety  
Fresh Vegetables  
Sherbet

**WEDNESDAY**  
Spaghetti & Garlic Whole  
Grain Breadstick  
or  
Whole Grain Taco Snax  
Seasoned Green Beans  
Fresh Fruit Variety or Juice  
Fresh Vegetables

**THURSDAY**  
Hot Dog on Bun  
or  
Whole Grain Taco Snax  
Mixed Vegetables  
Sunchips  
Fresh Fruit Variety  
Fresh Vegetables  
Reese's Bar Dessert

**FRIDAY**  
Taco Scoops  
or  
Whole Grain Taco Snax  
Broccoli  
Cowboy Salsa  
Fresh Fruit Variety or Juice  
Fresh Vegetables

**Week 5**

**MONDAY**  
Beef & Cheddar Sandwich  
on WW Bun  
or  
Whole Grain Corn Dog  
California Blend  
Seasoned Fries  
Fresh Fruit Variety  
Fresh Vegetables

**TUESDAY**  
Soft Taco  
or  
Whole Grain Corn Dog  
Broccoli  
Refried Beans w/ Cheese  
Fresh Fruit Variety  
Fresh Vegetables  
Iced Brownie

**WEDNESDAY**  
Baked Ziti & Garlic Whole  
Grain Breadstick  
or  
Whole Grain Corn Dog  
Seasoned Green Beans  
Fresh Fruit Variety or Juice  
Fresh Vegetables

**THURSDAY**  
Scrambled Eggs & Sausage  
or  
Whole Grain Corn Dog  
Carrot Coins  
Fresh Fruit Variety  
Fresh Vegetables  
Whole Grain Sweet Roll

**FRIDAY**  
Grilled Chicken Deluxe  
on WW bun  
or  
Whole Grain Corn Dog  
Corn on the Cob  
Simply Chex  
Fresh Fruit Variety or Juice  
Fresh Vegetables